

**MEETING and AGM OF THE HORSHAM DISTRICT OLDER PEOPLES FORUM**  
**on Thursday 31<sup>st</sup> August 2017 1030 – 1300**  
**at Henfield Village Hall**

**1. PRELIMINARIES**

**1(1) PRESENT**

Martin Bruton	<b>MB</b>	HDOPF	Chairman
Arthur Reader	<b>AR</b>	HDOPF	Vice Chairman
Alf Goodchild	<b>AG</b>	HDOPF	Treasurer
Martin Toomey	<b>MT</b>	HDOPF	Secretary
Sonia Mangan	<b>SM</b>	CEO Age UK Horsham District	
Sue Game	<b>SG</b>	Impact Initiatives	
Chris Gribb	<b>CG</b>	Southwater Neighbours Network	
Karen Davies	<b>KD</b>	Care UK Skylark House	
Marlene Riecker	<b>MR</b>	Ascot Care	
Liz Leggo	<b>LL</b>	West Sussex Association of Local Councils	
Terry Oliver	<b>TO</b>	West Sussex Association of Local Councils	
Claire Webley	<b>CW</b>	Horsham and Mid Sussex Voluntary Action	
Sue Edgson	<b>SE</b>	Horsham and Mid Sussex Voluntary Action	
Debbie Wood	<b>DW</b>	The Hub Upper Beeding	
David Searle	<b>DS</b>	Horsham Town Community Partnership	
Anita Van der Colff	<b>VC</b>	Action for Deafness	
Morwen Millson	<b>MM</b>	Cllr WSCC	
Lilian Bold	<b>LB</b>	NHS Horsham & Mid Sussex CCG	
Mrs Sandra Wylie-Sporne	<b>WS</b>	Ashington	
Mrs Christine Wylie	<b>WL</b>	Ashington	
Tony Jackson	<b>TJ</b>	Henfield	
Rosemary Burton	<b>RB</b>	Southwater Neighbours network	

**1(2) APOLOGIES FOR ABSENCE**

Michael Jarvis, Daphne Rogers, Cllr Roger Clarke, Sonia Mangan (Age UK Horsham District), Judith Packer WSCC, Tim Wilkins (Alzheimer's Society), Cllr Paul Marshall, Wendy Edwards WSCC Horsham Library, Jane Apostolou HTCP, Barbara Baldwin MSOPC, Keith Barraclough, Barbara Varley, Graham Sitton (Elders Commission member for Sussex Police & Crime Commissioner)

**1(3) PREVIOUS MEETING NOTES**

: published on the Forum Website

Notes of the 2016 AGM 6<sup>TH</sup> September 2016 at Slinfold

Notes of the last Meeting on 7<sup>th</sup> June 2017 at Rudgwick.

**2. BUSINESS OF 2017 ANNUAL GENERAL MEETING**

**2(1) PREVIOUS MEETING**

Notes of the 2016 AGM 6<sup>th</sup> September 2016 agreed as a fair record.

**2(2) CHAIRMAN'S REPORT: Martin Bruton**

The year 2016/2017 has been another busy and successful year for the Horsham District Older Peoples Forum.

## **The Forum Committee**

We have an excellent, active and enthusiastic committee whom I would like sincerely to thank

**Arthur Reader** as Vice Chairman who has been a real stalwart, represented the Forum at various events such as the NHPC AGM, the HD Road Safety Action Group, the HD Older Vulnerable Persons working group and was facilitator at the Hospital Insight project 'Strawberry Tea' event.

Arthur has personally put in a lot of time and effort as project manager of updating the Horsham District Older Peoples' Directory of Services, attending the several HDC working group meetings.

**Martin Toomey** our Secretary who has sought out and booked our meeting venues, attended Committee meetings, recorded and produced splendid notes of our committee and public meetings.

**Alf Goodchild** our Treasurer for his unswerving support. The Forum is now responsible for its own finances assisted by an initial grant of £500 last year from HDC. We will submit a further grant application next year.

**Sonia Mangan** CEO Age UK Horsham District who has helped drive the Forum forward with her excellent knowledge, her notable personal enthusiasm and leadership.

and **Philomena Leech** from Rudgwick who prompted us to successfully apply for a grant for our portable speaker, microphones and hearing loop, in use today. I am sad that Phil has decided to resign from the Committee due to transport difficulties from Rudgwick. Her unique contribution to and support of the Forum and Committee will be greatly missed.

## **Working jointly:**

I thank **Karen Davies** Customer Relations Manager, Skylark House for her support and the use of a room in Skylark House for Committee meetings.

I thank **Lisa Boydell** HDC Community Development and Engagement Manager, ably assisted by **Emma Bailey** for their ongoing support of the Forum including the funding of our meeting and refreshments at the Drill Hall for our March 2017 public meeting with Nick Herbert MP.

I thank **Judith Packer** WSCC Voluntary Sector Relationship Officer for her advice and support again this year especially with the Hospital Insight Working Group along with **Michelle Martin**.

We are working closely with WSCC; Healthwatch West Sussex; Age UK Horsham District on the **Hospital Insight project** addressing the issue, raised at Forum meetings, of the problems of getting to and from our local hospitals 'From getting there to getting home' and the Forum (in the shape of myself and Arthur Reader) have attended numerous project meetings and were part of the very successful Strawberry Tea event on the 11<sup>th</sup> July in the WSCC conference room Parkside.

The Forum is also working with Horsham Town Community Partnership on **2 proposed projects** as a result of other issues for older people raised at Forum meetings. David Searle Vice Chairman of HTCP will talk about those projects later.

The Forum has worked long and hard over the past few months Arthur Reader in particular, on updating the **Horsham District Older Peoples Directory of Services** in collaboration with HDC Health & Wellbeing. That updating project will be ongoing after the Directory is published in print and online before the end of the year.

The Forum was consulted by HDC and formed part of a working group with regards the proposed siting and type of outdoor gym equipment being also suitable for use by older people in Horsham Park.

### **Public Meetings**

2016 September: Rudgwick. Included AGM.

December: Lower Beeding

2017 March: Horsham Drill Hall: Questions to Rt. Hon Nick Herbert MP - well attended and successful.

August: Henfield : This AGM and Meeting

December: Southwater: Beeson House, Lintot Square (Parish Council Offices).

### **Guest Speakers:** uniformly interesting and informative:

2016 September: **Sonia Mangan** Age UK Horsham District: on current issues for older people.

**Paul Taylor:** HDC Community Recreation Officer, opportunities for older people's recreation.

2016 December: **Sarah Owen:** role of Healthwatch in West Sussex.

**Emma Bailey:** HDC Community Link protection system.

**Dr Anusree Sashidharan:** role of the Adult Safeguarding Boards under the Care Act 2014

2017 March **Rt. Hon Nick Herbert MP (Arundel & South Downs)** answered prepared and arising questions.

2017 June: **Richard Davy:** Deputy District Commander West Sussex Fire & Rescue on issues of and for the Older Driver.

**Sonia Mangan:** Age UK Horsham District on the Hospital Insight project looking to older peoples' experience of hospital, which the Forum is part of the working group and the Strawberry Tea event 11<sup>th</sup> July.

### **Public Activities**

**WSCC CLC Community Initiative Fund Committee:** The Chairman attended and successfully applied for a grant of £1033.77 for a portable hearing loop, loudspeaker and microphones for use at our meetings. The equipment is available for use by other groups by request.

**WSCC Health and Wellbeing Showcase events:** Martin Bruton and Arthur Reader manned a stand at this networking event on the 10<sup>th</sup> November 16 and will also at the next event on the 18<sup>th</sup> October 17.

**North Horsham Parish Council open event & AGM:** the Forum was invited and Arthur Reader promoted the Forum by attending with a stand.

**Horsham District Dementia Action Alliance:** The Forum is a member of the HDDAA and the Chairman attends the Committee meetings.

**HDC Working Group on Outdoor Gym Equipment (Horsham Park):** Forum consulted & Chairman Martin Bruton part of the working group.

**Age UK Horsham District Lottery fund application:** Martin Bruton and Sonia Mangan explored support.

**Hospital Insight Project meetings with Healthwatch West Sussex, WSCC, HDC & Age UK Horsham District** the Forum Chairman & Vice Chairman are part of the project team

**Horsham Town Community Partnership:** joint meetings concerning the 2 proposed projects for local Bus map and mobility scooter training.

**Committee meetings:** three held during the year kindly hosted by Skylark House.

**Newspaper publicity: West Sussex County Times:** published articles on the September 2016 Rudgwick AGM meeting and the March 2017 Rt.Hon. Nick Herbert MP 'Question Time' meeting.

**Social media: HDOPF are present on Facebook and Twitter** @hdopf.

**Website: The Website** [www.horshamdistrictolderpeoplesforum.btck.co.uk](http://www.horshamdistrictolderpeoplesforum.btck.co.uk) is regularly updated with information, local news and events, press articles and records of meetings.

### **Looking Forward**

**Horsham District Directory of Older Peoples Services:** Information to update the popular Directory last published by HDC in 2014 as to local services, organisations, groups etc. has now been gathered by the Forum working with HDC and will be published in print and online by HDC in the Autumn. This will be an ongoing project to keep the online Directory updated and ready for republication as and when.

### **Support, meetings and joint working:**

**Horsham District Dementia Action Alliance** – continuing to make the Horsham District 'Dementia Friendly' but now without a HDC co-ordinator.

**Hospital Insight working group:** to improve the experience of getting there to getting home.

**Horsham Town Community Partnership Projects: working with** on local bus map, mobility scooter safety issues and training. (**David Searle HTCP** Presentation at today's meeting)

**Supporting and attending Forums:** Horsham District Community Safety Partnership; HD Vulnerable Older Persons Group; HD Road Safety Action Group.

**Public Meetings:** 4 Forum public meetings will be held in 2018 at various venues around the District. Dates/venues will be circulated.

**Question Time with Your MP.** Jeremy Quin MP for Horsham has kindly accepted to attend our 1<sup>st</sup> meeting of the year on Friday 2<sup>nd</sup> March 2018. Funds are needed to pay for the venue and refreshments.

## Participation in the Forum

The main continuing issue for the Forum is getting greater involvement from local older people. Support is by email and social media contact but is especially valuable from attendance at our Forum public meetings.

Promotion of the Forum throughout the year has been by attending events; circulating information; leafleting; publicising Forum Meetings (held in different local venues around the District), informing local HD Parish & Neighbourhood Councils, and keeping in touch with supporters by word, email, the website, Facebook and Twitter. We would welcome suggestions and support in encouraging participation in the Forum meetings.

## The Forum Website ([www// horshamdistrictolderpeoplesforum.btck.co.uk](http://www.horshamdistrictolderpeoplesforum.btck.co.uk))

continues to increase its information especially featuring the many daily newspaper articles that relate to older people. Other related partners, organisations and groups are publically supported through the website, email and our social media with publicity for their activities and events.

**The Committee is endeavouring with its supporters and multi-agency partners to make Horsham District 'Age friendly'** and warmly invites and welcomes anyone aged 60 or above living in the Horsham District or who cares for someone who is to attend Forum meetings, be on our email circulation list or through social media to support the Forum or raise issues or to volunteer to join the Committee to help in our work.

**Thanks to all for your attendance at the AGM and for your continuing support to the Horsham District Older Peoples Forum.**  
**MARTIN BRUTON Chairman.**

## 2(3) TREASURER'S REPORT

The HDC initial grant of £500 is almost exhausted. The additional grant from WSCC of £1033.77 has enabled the Forum to purchase an audio and portable hearing loop system for meetings. HDC Health & Wellbeing, through manager Lisa Boydell, kindly funded the March 2017, MP's Question Time meeting and refreshments at the Horsham Drill Hall. The Forum had to purchase public liability insurance this year (through Zurich Insurance).

## Annual Budget for basic expenditure

Public Liability Insurance £218

Hall Hire & incidentals £200 (Budget £50 per meeting)

£418

## Current funds

funds £175

liabilities £ 85 hall hire for August & December

funds remaining £ 90

## Future funding

**MB** will be exploring further grant funding from HDC or elsewhere to enable hire of meeting venues and insurance etc.

**CW** will provide information for application to WSCC small grant funds (£1000 over 3 years) via Judith Packer.

**DW** suggests application to the Wilson Memorial Trust (Steyping)

## 2(4) FORUM OFFICERS AND COMMITTEE

The meeting accepted and confirmed the proposal of the continuance and positions of the present Committee:

Martin Bruton (Chairman)

Arthur Reader (Vice-Chairman)

Alf Goodchild (Treasurer)

Martin Toomey (Secretary)

Sonia Mangan (ex officio Age UK)

### End of AGM

## 3. PRESENTATIONS

### 3(1) “LIVE-IN” CARE: Marlene Reiker (Ascot Care)

‘Live in care’ to the Standards of the Care Quality Commission

**Ascot Care** is a registered ‘Care Provider’ and thus accountable to the Care Quality Commission.

Law requires the CQC Registration rating to be displayed on the Provider’s publicity.

**Marlene Reiker** is a **Care Manager** qualified and working as a nurse until 9 years ago.

#### ‘LIVE IN’ CARE

A Care worker lives in the home of the person cared for and can be on call day and night with only a two-hour break.

Work ranges from personal care to cleaning, cooking and maintaining paper records: they thus need to be exceptionally skilled and responsible people. Such people need to be found. When found their work needs to be supervised so that it is seen to be of the quality and scope required and also that both the worker and the immediate employer are protected from exploitation.

#### **Care Registered with the Care Quality Commission**

Skills and responsibilities are specified by the Standards of the Care Quality Commission. A Care Provider Company registered with the Care Quality commission can find, train to Certificated status and give formal employment to a Care worker. In such employment, the carer’s employment at their workplace is supervised to the standards of the Commission.

#### POINTS OF QUESTION & DISCUSSION

**KD : Website:** will have full details of CQC Registration – checkable.

**Cost:** Starting from £900 per week probable - overheads of a company & supervision makes for expense.

**Carer/Patient:** Rotation of carers every two weeks (or so) keeps professional carer/patient distance.

**24hr Nurse:** One for day, one for night.

**TO: Public Authorities:** should only employ registered providers.

**LB:** The Independent Living Fund might help with the extra expense.

**MT:** Carers 2 weeks on and 2 weeks off routine suits many carers.

**KD:** In seven years’ experience staff turnover has not been a significant problem.

**LB:** Dangers of low paid modern slavery.

**AG:** Carer needs a room preferably with TV; meals (might be cooked by them); good access to toilet facilities.

**CW:** The Care Act has not changed funding. The demand for live in care is increasing.

**3(2) HORSHAM & MID SUSSEX VOLUNTARY ACTION (H&MSVA): Sue Edgson**

**Sue Edgson**, Manager; **Claire Webley**, Community Coordinator Horsham District

GIVES ADVICE to charities and voluntary groups from their setting up, to offering training courses, finding volunteers and funding i.e. finding Community Grants, training courses.

**PROMOTE VOLUNTEERING**

**Website starting September 2017:** £5000 grant from Sussex Community Foundation for smaller charities, groups and organisations to be able to search for funding opportunities, training, advertise volunteer vacancies and make grant applications etc. online.

**Training:** with Sussex Community foundation tailored towards needs of local voluntary associations.

Training Courses fees discounted, £35 for members and £45 non-members.

**Social value:** volunteers meet and network.

**Skill value:** volunteers gain and are trained in skills.

**Networking events:** Bringing groups together in partnerships.

Event: Commissioning and tendering processes. Horsham 25<sup>th</sup> September 2017 Roffey Millennium Hall.

**VALUATION FROM STATISTICS**

Nationally there are 14.2 million regular formal volunteer activities, once per month at 11.6 hours. 4.3 million employees are released for volunteering once per year.

Total value to the economy £22.6 billion

**FUNDING AND AREA CHANGE**

Horsham District Council is taking Voluntary and Community services support, 'in-house' from 1<sup>st</sup> April 2018 with loss of approx. £60,000 to H&MSVA.

Questions to be referred to HDC Community Development & Engagement team.

H&MSVA will then be concentrating on Mid Sussex (Claire Webley being made redundant).

**3(3) HORSHAM TOWN COMMUNITY PARTNERSHIP: David Searle**

Community Partnerships were founded, with the encouragement of national government, to do projects wished for by local communities which the statutory bodies of local government are not empowered or have funds to do. CP's are able to apply for funds/grants which local government cannot and thus work as supplementary bodies to local government in executing community projects.

Horsham Town Community Partnership (HTCP) produced a five-year action plan in 2011 and achieved a major project in the Horsham Town, the 13 miles Riverside Walk which is ongoing. The five-year plan is now being re-visited and will be announced in December.

**PROJECTS RELEVANT TO AND IN CONJUNCTION WITH HDOPF**

Following these issues having been raised at Forum meetings, the Forum has approached HTCP (Chairman Martin Bruton is a volunteer Director of HTCP) to work on the following 2 projects:

### **Integrated Bus Map of Horsham District:**

getting bus companies' routes mapped and timetables published in one comprehensive, hopefully pocket-size document. These are not available in one printed leaflet or only online.

### **Disability Scooter training project**

#### **Background**

Nationally there are 350,000 mobility scooters and increasing by 80,000 per year.

Between 2011-2015, 20 people were killed and 490 seriously injured in scooter accidents.

Neither a test or insurance is required by law.

**Mobility Scooter driver training:** currently not mandatory or known of locally, other than sometimes offered by suppliers at point and time of scooter purchase.

Gosport Older Peoples Forum has a funded pilot mobility scooter training scheme which HTCP in conjunction with HDOPF are planning to emulate, obtain funding and find volunteers/trainers to run it. Both HTCP & the Forum have been in contact with the founder of that scheme.

A training certificate for those who have undergone the course could be a means of reducing insurance.

### **POINTS OF QUESTION & DISCUSSION**

**LB:** Proposal for licensing mobility scooters was turned down by government.

**AG:** An important obstacle currently, is cars parking across lowered pavement edge blocking access for wheelchairs and scooters. These should have double yellow lines or some other way of stopping car parking.

**DS:** Running a Pilot Scheme would raise awareness of issues such as dropped kerb obstruction.

Training provision possibilities: Mobility scooter supplier in Southwater and HDC Shopmobility.

**MM:** WSCC suffers the abuse on restrictions of people's 'freedom' in their care of pavements and footpaths over past 50 years. Opportunity for County Local Committees action.

It was agreed that HDOPF would support HTCP and be part of both these projects

### **4. OTHER BUSINESS**

### **WEST SUSSEX ASSOCIATION OF LOCAL COUNCILS: Terry Oliver (Chairman)**

**Project: Putting Resources to Needs – 30 Parishes in the District.**

Finding gaps of unmet needs in health and wellbeing provision via Healthwatch, Clinical Commissioning Groups and other providing bodies, considering what can be done by Parishes co-operating together or even raising their precept. Parishes can link together and fund a mutual service such as a Youth Worker.

Link contact Liz Leggo at WSALC.

### **5. NEXT FORUM MEETING**

**10.30am – 1pm Wednesday 6<sup>TH</sup> DECEMBER 2017**  
SOUTHWATER, Beeson House, 26 Lintot Square RH13 9LA



